Just teach — once by notes — and go right in.

Dum de dum de dum... de dum de dum de dum

Voices come together here.

After a while of this: add a beat (X) at the end before starting again.

In order for the 2nd voice to also come in on the 2nd beat, she will have to add 2 extra beats.

So then the first voice adds one more beat! making it 3, and the 2nd voice adds 4. This pushes it up to the last beat, and it can be held here a little while because when it goes forward again (either one of the voices) they will come in the unison, at which — once — stop.